

2021 District 40 Conference Bio of Kay Fittes Workshop

Kay Fittes is the founder and CEO of High-Heeled Success, LLC, specializing in training, keynote presentations, and coaching for women. Her registered trademark, High-Heeled Success®, is a system for empowering women to command a competitive edge in the workplace. Having presented to over 100,000 people in close to 3,000 programs, Kay knows what it takes to impact an audience.

Fittes is the author of four books, including: *Achieving High-Heeled Success: 50 Ways for Career-Oriented Women to Succeed*; *How to Raise Your Self-Esteem: An Action Guide for Women*; *Go Ahead and Laugh: A Serious Guide to Speaking with Humor*; *Your Guide to Life-Changing Presentations* and is the creator of the CD *Panic to Power: Swift and Simple Speaking Strategies Anyone Can Use*. The proven system Ms. Fittes uses to guide women to career success can catapult you to the top.